FLAPS COURSE

ANTICIPATED FACULTY:

Brent Bernstein, DPM Daniel Ladizinsky, MD Raquel Sugino, DPM

OCTOBER 24-25, 2025

Paragon 28° Headquarters 14445 Grasslands Dr Englewood CO 80112

Hotel TBD





FRIDAY, OCTOBER 24, 2025

Dress Code: Business Casual

Agenda subject to change.

6:30 PM	Welcome Reception at Hotel	
7:00 PM	Dinner & Lectures Begin	All
7:00 PM	Reconstructive Ladder Bilobed Flaps to Reverse Sural Artery Flap	Raquel Sugino, DPM
7:25 PM	Frames Mechanics & How to Maximize Their Effectiveness with Flaps	Brent Bernstein, DPM
7:45 PM	Flap Imaging for Pre-Op Planning, Intra-Op Decisions, & Post-Op Complications Management	Brent Bernstein, DPM
8:10 PM	Complications & How to Approach Them Faculty Case Presentations	All
9:30 PM	Evening Session Concludes	

SATURDAY, OCTOBER 25, 2025

Dress Code: *Scrubs or Business Casual

6:30 AM	Shuttle Departs Hotel for Paragon 28° Headquarters (Shuttles will depart promptly and cannot be delayed for late attendees)	All
6:50 AM	Check-in & Working Breakfast	All
7:00 AM	 Intrinsic Muscle Flaps Abductors Hallucis/ Abductor Digiti Minimi (10 minutes) Flexor Digitorum Brevis (10 minutes) Extensor Digitorum Brevis (10 minutes) 	All
7:30 AM	Lateral Supramalleolar Flap	Brent Bernstein, DPM
7:45 AM	Medial Plantar Artery Flap	Raquel Sugino, DPM
8:00 AM	Posterior Tibial Adipofascial/Adipocutaneous Flap	Raquel Sugino, DPM



^{*} Paragon 28 has scrubs available onsite All attendees will need to bring their personal Loupes for this event All faculty will serve as a panelist for each other's lecture.



SATURDAY, OCTOBER 25, 2025 (CONT'D)

Dress Code: Business Casual

8:30 AM	Lab Sessions Faculty Demonstrations & Participant Hands-On Practice	All
	Frame Applications on sawbones (15 minutes) Hands-On (15 minutes)	Brent Bernstein, DPM Raquel Sugino, DPM
	Intrinsic Muscle Flap Demonstration (20 minutes) Hands-On (40 minutes)	Brent Bernstein, DPM
	Medial Plantar Artery Flaps (10 minutes) Hands-On (25 minutes)	Raquel Sugino, DPM
	Posterior Tibial Perforator Flap (10 minutes) Hands-On (20 minutes)	Raquel Sugino, DPM
	Lateral Supramalleolar Flap (10 minutes) Hands-On (20 minutes)	Brent Bernstein, DPM
11:30 AM	Working Lunch	All
	Reverse Peroneus Brevis & Medial Hemisoleus Flaps (30 minutes)	Brent Bernstein, DPM
	Reverse Sural Flap (10 minutes)	Raquel Sugino, DPM
	Progressive Tension Closure (10 minutes)	Daniel Ladizinsky, MD
	Healthcare Economics of Flaps (10 minutes)	All
12:50 PM	Break	
1:00 PM	Lab Sessions Faculty Demonstrations & Participant Hands-On Practice	All
	Peroneus Brevis & Hemisoleus Muscle Flap (10 minutes) Hands-On (20 minutes)	Brent Bernstein, DPM
	Reverse Sural Flap (10 minutes) Hands-On (20 minutes)	Raquel Sugino, DPM
2:00 PM	Open Lab	All
4:30 PM	Course Adjourns	

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